October 8, 2020

To our Middletown Athletic community,

It is our hope that we find you and yours healthy and well. We have been working to prepare for the upcoming opening of Winter Sports 2020-2021 and we would like to share with you some important information.

Varsity, JV and modified sports open on November 30th, 2020. Our sports offerings include Varsity Boys' Swimming and Diving, Varsity Boys' and Girls' Indoor Track, Varsity Boys' and Girls' Bowling, Varsity, JV and Modified Boys' and Girls' Basketball as well as Varsity, JV and Modified Wrestling. All tryouts and practices will begin for all levels of play on November 30th.

FamilyID, our online registration platform, opens to our athletic community on October 30th, for all levels of sports. You will find the FamilyID Registration button on our District Website on the Athletic page. A click on the FamilyID “Register Now” button will bring you to the page needed to register for Winter 2020-2021 sports.

All student-athletes are required to have a full sports physical in order to participate on our interscholastic teams. Health examinations or sport physicals are valid for one (1) calendar year. The recertification process opens 30 days prior to a season via FamilyID. The recertification process consists of a questionnaire and verification of the date of the last physical examination of a student. It is an interview and review of medical history only to determine and verify the date of a last physical examination for a student. As per the NYS Department of Health guidelines, the Middletown Nursing Departments will not be executing full sports physicals this winter. Families are responsible for their student’s health examination if their current physical has expired prior to November 30th or if the physical will expire during the winter sport season. Please call your school's health office to determine the status of your student-athlete's physical examination status at:

**Middletown High School:** (845) 326-1590 office, Fax: (845) 326-1606
Barbara Coumoyer, RN, barbara.coumoyer@ecsdm.org
Julia Fox, RN, julia.fox@ecsdm.org

**Twin Towers Middle School:** (845) 326+1638 office, Fax: (845) 326+1636
Wendy Manis, RN, wendy.manis@ecsdm.org

**Monhagen Middle School:** (845) 326-1677, Fax: (845) 326-1675
Lisa Hidalgo-Capriola, RN, lisa.hidalgo-capriola@ecsdm.org
Please feel free to contact the Athletic Department if you should need any additional information or clarification.

**Middletown Athletic Department:** (845) 326-1532 or (845) 326-1533
David Coates, CMAA, david.coates@ecsdm.org
Tami Walter, Administrative Assistant, tami.walter@ecsdm.org

We look forward to seeing our student-athletes and enjoying the upcoming Winter 2020-2021 season with them.

Sincerely,

David V. Coates, CMAA