2020-2021 Middletown Winter Sport Offerings

Boys’ Swimming and Diving Team - Varsity
Girls’ Indoor Track Team - Varsity
Boys’ Indoor Track Team - Varsity
Girls Bowling - Varsity
Boys’ Bowling - Varsity
Girls’ Basketball - Varsity, JV and Modified
Boys’ Basketball - Varsity, JV and Modified
Wrestling - Varsity, JV and Modified
Competition Cheerleading
Important Dates

- **October 30, 2020** - Family ID Opens up for all Sports Registrations - Varsity, JV and Modified

- **November 30, 2020** - Winter Sports Start - All Tryouts and Practices will begin for all levels of play
Middletown’s Family ID Registration Portal

- Find the FamilyID Registration Button on our District Website Athletics Page
- Athletic Link: https://www.middletowncityschools.org/domain/269
- Click on the FamilyID “Register Now” Button
- Register for your Winter Sport
2020-2021 Health Examinations - Physicals

● All student-athletes must have a current full sports physical in order to participate on our interscholastic teams.
● Health examinations or sport physicals are good for one calendar year.
● As per the NYS Department of Health guidelines, the Middletown Nursing Departments will **not** be executing full sports physicals this winter.
● So families will be responsible for their student’s health examination if their current physical has expired prior to November 30th or will expire during the winter sport season.
Middletown District Nursing Contacts

- If you are unsure of child’s status, or need to have them re-certified, please call your school’s health office:

**Middletown High School:** (845) 326-1590 office (845) 326-1606 fax
Barbara Cournoyer, RN barbara.cournoyer@ecsdm.org
Julia Fox, RN julia.fox@ecsdm.org

**Twin Towers Middle School:** (845) 326-1638 office (845) 326-1636
Wendy Manis, RN wendy.manis@ecsdm.org

**Monhagen Middle School:** (845) 326-1677 office (845) 326-1675 fax
Lisa Hidalgo-Capriola, RN lisa.hidalgocapriola@ecsdm.org
Middletown Athletic Department Contacts

- If you need any additional information, or need clarification on anything regarding athletics, please call the Athletic Department:

Middletown Athletic Department:  (845) 326-1533 or (845) 326-1532
David Coates, CMAA  david.coates@ecsdm.org
Tami Walter, Administrative Assistant  tami.walter@ecsdm.org