

SCHOOL HEALTH SERVICES

According to the New York State Education Law, all students entering grades 2, 4, 7, 10, all new students to our district schools (including prekindergarten or kindergarten), students applying for working papers and all students participating in interscholastic sports must have a physical examination. To be acceptable, the physical exam must be performed within the past 12 months of the date that the student enters school or that specific mandated grade. Sports physicals will be valid for a period of 12 months through the last day of the month in which the physical was conducted.

If your child has not had a physical within the past 12 months, please arrange for a physical exam at your family physician/ health care provider or pediatrician. Please have your Health Care Provider complete the physical examination form that can be found and printed from our Registration web site. You can locate the forms for sports physicals on our Athletics web site.

If you would prefer, you may request from the school nurse that the school's Family Nurse Practitioner or School Physician provide the mandated physical exam. We would be happy to schedule your child for a health appraisal that will include an assessment of the following:

- . Health history
- . Hair, skin & scalp
- . Neck & lymph glands
- . Head, eyes, ears, nose, mouth
- . Cardiovascular
- . Chest & lungs
- . Abdomen
- . Developmental stage
- . Hernia exam
- . Musculoskeletal
- . Neurological
- . Height, weight, blood pressure
- . Vision & hearing
- . Scoliosis
- . Health counseling
- . Body Mass Index

Parents will be notified of any concerns that may come up during the school health appraisal. Please feel free to call your school nursing personnel or our Family Nurse Practitioner if you have any questions about new entrant, mandated grade, working papers or sports physical exams.